



RESEARCH INVITATION...

HELP MAKE ONLINE EARLY MENOPAUSE RESOURCES USER FRIENDLY

Do you have **early or premature menopause** (menopause before age 45 years), or **POI** (premature / primary ovarian insufficiency), **whether spontaneous or following medical treatment** (e.g. chemotherapy, radiotherapy or surgical removal of the ovaries)?

Are you aged **≥20**?

THEN WE WOULD LOVE TO HEAR FROM YOU!

Your participation will help ensure online early menopause (EM) resources are user friendly and informative regarding EM diagnosis, symptoms, causes and management.

Participation involves reviewing some early menopause resources and completing 3 brief **online surveys** that take approximately 20 minutes after which your email details (which will be not associated with your responses), will go into the draw for one in five \$100 gift cards.

Interested?

Please click on the link below

<https://is.gd/emhealthtalk>

For more information please contact Kim Huynh at: MCHRI-earlymenopausestudy@monash.edu

This research project is being conducted by the Monash Centre for Health Research and Implementation (Monash University) and Monash Medical Centre in Clayton.

Ethics approval: Monash Health Human Research Ethics Committee

Lead Investigator: Clinical Associate Professor Amanda Vincent (MCHRI)