

An invitation to participate in research

Do you have early or premature menopause (menopause before age 45 or 40 years), or POI (premature / primary ovarian insufficiency), whether spontaneous or following medical treatment (e.g. chemotherapy, radiotherapy or surgical removal of the ovaries)?

Are you 20 – 45 years of age? Do you live in Victoria?

Then we would like to hear from you!

This research project is being conducted by RMIT University, the Monash Centre for Health Research and Implementation (Monash University) and other partners. We are interested in the experiences of women with early or premature menopause. We would like to interview you to understand what it is like to be diagnosed with early or premature menopause, what the symptoms are like, what your experiences with health professionals have been like, how early or premature menopause has impacted on your health and general wellbeing, your relationships and fertility, and anything else you'd like to share about your experience.

Why?

Based on information we gather from women with early or premature menopause, we will produce a Healthtalk Australia (healthtalkaustralia.org) website detailing women's experiences, and providing downloadable resources to support women with early / premature menopause, including in relation to talking with their health professionals.

Please contact us if you are interested in participating in this project and/or would like more details:

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Project name: 'Early Menopause: Using the Experiences and Perspectives of Women and Health Professionals to Translate Evidence into Practice,' NHMRC Partnership Project APP1116008

Ethics approval: Monash University Human Research Ethics (2016-1429)

This research is being carried out by Professor Renata Kokanovic (RMIT University) and Professor Helena Teede (MCHRI) and their research team.

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